



Ludzas novada pašvaldība  
Ludzas novada Sporta skola  
Reģ. Nr.4271902158  
P. Miglinīka ielā 27-a, Ludzā, LV 5701 , e-pasts: sports@ludzasnovads.lv

APSTIPRINU  
Sporta skolas direktores p.i.  
A. Puncule  
02.09.2025

**Ludzas novada Sporta skolas  
2025./2026.mācību gada  
NODARBĪBU SARAKSTS**

	<b>Grupa</b>	<b>Treneris</b>	<b>Pirmdiena</b>	<b>Otrdiena</b>	<b>Trešdiena</b>	<b>Ceturtdiena</b>	<b>Piektdiena</b>	<b>Sestdiena</b>	<b>Svētdiena</b>
<b>v/a</b>	<b>ASM 23st. Kārsava</b>	A.Volajs(10) <i>J. Silicka(13)</i>	<i>17.20-19.20 (3)</i>	<i>16.40-18.40(3)</i>	17.20-19.20(3)	17.20-19.20(3)	<i>16.40-18.40(3)</i>	10.40-12.00(2) <i>8.00-10.00(3)</i>	8.40-10.00(2) <i>8.00-8.40(1)</i>
<b>v/a</b>	<b>MT-7 19st. Manēža</b>	A.Vengra (12) <i>K.Nagle (7)</i>	17.20-19.20(3)	17.20-19.20(3)	17.20-19.20(3)	<i>17.20-19.20(3)</i>	17.20-19.20(3) <i>12.00-14.40 (4)</i>		
<b>v/a</b>	<b>MT-6 17st. Zilupe</b>	A.Segals( 17)	7.30-8.10(1) 14.20-16.20(3)	14.20-16.20(3)	14.30-16.30(3)	14.20-16.20(3)	7.30-8.10(1) 14.20-16.20(3)		
<b>v/a</b>	<b>MT- 6 17.st. Kārsava</b>	J. Silicka (9) <i>A.Volajs (8)</i>	15.20-17.20(3)	15.20-16.40(2)	<i>15.20-17.20(3)</i>	<i>15.20-17.20 (3)</i>	15.20-16.40(2)	10.40-11.20(2)	<i>10.40-11.20(2)</i>

<b>v/a</b>	<b>MT-4 13st. Zilupe</b>	V.Tutina(13)	13.40-15.00(2)	13.40-15.40(3)	13.40-15.00(2)	13.40-15.40(3)	13.40-15.40(3)		
<b>v/a</b>	<b>MT-4 13.st Kārsava</b>	A.Volajs (6)  <i>J. Silicka (7)</i>	15.20-16.40(2)	  <i>14.10-15.30(2)</i>	  <i>15.20-16.40(2)</i>	  <i>14.00-15.20(2)</i>	15.20-16.40(2)	8.00-9.20(2)  <i>10.40-11.20(1)</i>	
<b>v/a</b>	<b>MT-4 13st.</b>	A.Vengra manēža	16.00-17.20(2)	16.00-17.20(2)	16.00-17.20(2)	16.00-17.20 ( 2)	16.00-17.20(2)	11.20-13.20(3)	
<b>v/a</b>	<b>MT-2 9 st.</b>	A.Vengra manēža	14.40-16.00(2)	14.40-16.00(2)		14.40-16.00(2)	15.20-16.00(1)	10.00-11.20(2)	
<b>v/a</b>	<b>MT- 1 8.st Zilupe</b>	A.Segals	13.00-14.20(2)	13.00-14.20(2)		13.00-14.20(2)	13.00-14.20(2)		
<b>v/a</b>	<b>MT-1 8.st Kārsava</b>	A.Volajs (5)  <i>J.Silicka (3)</i>	14.00-15.20(2)	  <i>13.30-14.10(1)</i>	14.00-15.20(2)	13.30-14.10(1)	  <i>14.00-15.20(2)</i>		
<b>v/a</b>	<b>SSG 6st. Ludza</b>	K. Nagle (6)		15.30-17.30(3)			16.00-18.00(3)		
<b>h/b</b>	<b>ASM- 23 st.</b>	G. Dalibo( 19)  <i>A. Gendelis(4)</i>	18.00-20.00(3) manēža	19.00-21.00(3) halle	18.30-20.30(3) halle	18.30-20.30(3) Sp.skola	19.00-21.00(3) halle	13.00-15.40 (4)	  <i>10.00-12.40(4)</i>
<b>h/b</b>	<b>ASM- 23st.</b>	M. Cibulskis (20 )  K. Nagle (3)	18.00-20.40(4) manēža	18.30-20.30(3) halle	18.00-20.00(3) Sp.skola	19.00-21.00(3) halle	19.30-21.30(3) halle	12.00-14.40(4)	  <i>11.20-13.20(3)</i>

<b>h/b</b>	<b>SMP-3 20 st.</b>	M. Cibuļskis(14) <i>E. Fjodorova (7)</i>	16.00-18.00(3) manēža	16.30-18.30(3) halle	17.00-18.40(2) Sp.skola	17.00-19.00(3) halle	17.30-19.30(3) halle	<i>10.00-12.00(3)</i>	<i>12.00-14.40(4)</i>
<b>h/b</b>	<b>SMP-3 21 st</b>	A.Borisovs(15) <i>A. Gendelis (6)</i>	17.40-19.40(3) Manēža	16.30-18.30(3) halle	17.40-19.40(3) halle	17.40-19.40(3) halle	18.40-20.40(3) halle	<i>12.00-14.00(3)</i>	<i>12.40-14.40(3)</i>
<b>h/b</b>	<b>SMP-2 20st.</b>	A.Gendelis (20)	16.40-18.40(3) manēža	16.30-18.30 (3) halle	17.30-19.30(3) halle	17.30-19.30(3) halle	19.00-19.40(1) halle	12.00-14.40(4)	14.40-16.40(3)
<b>h/b</b>	<b>SMP-2 20st.</b>	Ž. Lazare( 15) <i>K. Klemetjeva (5)</i>	manēža <i>18.00-20.40(4)</i>	17.00-19.00(3) Sp.skola	16.20-18.20(3) Sp. Skola		16.20-18.20(3) halle	9.00-11.00(3)	12.40-14.40(3) <i>14.40-15.20(1)</i>
<b>h/b</b>	<b>SMP-1 20st</b>	I.Makņa ( 18) <i>A. Gendelis ( 2)</i>	16.00-18.00(3) Sp.skola	17.00-19.00(3) Sp. skola	16.20-18.20(3) Sp.skola		16.20-18.20(3) halle	11.20-13.00(2) <i>10.00-11.20(2)</i>	12.00-14.40(4)
<b>h/b</b>	<b>SMP-1 20st.</b>	A.Narnickis(20)	16.00-18.40(4) manēža	17.30-19.30(3) halle		17.30-19.30(3) Sp.skola	17.30-19.30(3) halle	12.00-14.00(3)	13.00-15.40(4)
<b>h/b</b>	<b>MT-7 19st.</b>	A.Borisovs(12) <i>A. Puncule (7)</i>	15.40-18.20(3) halle		15.40-17.40(3) manēža	15.40-17.40(3) halle	15.40-17.40(3) halle	<i>10.00-12.00(3)</i>	<i>10.00-12.40(4)</i>

<b>h/b</b>	<b>MT-6 17st.</b>	K. Klementjeva(17)	16.00-18.00(3) manėža	16.00-18.00(3) Sp. skola	15.00-16.20(2) Sp.skola		16.00-18.00(3) halle	10.00-12.00(3)	12.40-14.40(3)
<b>h/b</b>	<b>MT-6 17st.</b>	A.Sidorova(17)	16.20-18.20(3) Sp.skola	17.40-19.00(2) halle	15.30-17.50(2) Sp.skola	16.30-15.50(2) Sp. skola	16.00-17.20(2) manėža	10.00-12.00(3)	11.20-13.20(3)
<b>h/b</b>	<b>MT-5 15 st.</b>	A.Sidorova(15)	15.00-16.20(2) Sp.skola	16.00-17.20(2) Sp. skola		14.30-16.30(3) Sp.skola	14.00-16.00(3) manėža	8.00-10.00(3)	10.00-11.20(2)
<b>h/b</b>	<b>MT-5 15 st.</b>	G. Dalibo ( 15)	15.00-16.20(2) Sp.skola	15.00-16.20(2) manėža	15.30-17.30(3) halle	15.30-17.30(3) halle		12.00-14.00(3)	12.00-13.20 (2)
<b>h/b</b>	<b>MT-4 13st.</b>	Ž. Lazare (11) A.Sidorova(2)	14.00-16.00(3) manėža	15.20-16.40(2) Sp.skola		14.00-16.00(3) Sp.skola		12.00-13.20(2)	10.20-12.20(3)
<b>h/b</b>	<b>MT-3 11st.</b>	I.Makņa (10) K. Nagle (1)	manėža 14.00-14.40(1)	15.20-16.40(2) Sp.skola		14.00-15.20(2) Sp.skola	14.00-16.00(3) halle		10.00-12.00(3)
<b>h/b</b>	<b>MT-2 9 st.</b>	A.Borisovs(7) A.Gendelis (2)		14.20-16.20(3) manėža		15.00-16.20(2) Sp.skola	15.00-16.20(2) Sp.skola		8.00-9.20(2)
<b>h/b</b>	<b>MT-1 8st.</b>	Ž. Lazare ( 8)		14.00-15.20(2) Sp.skola			13.00-14.20(2) Sp.skola	9.00-10.20(2) Sp.skola	9.00-10.20(2) Sp.skola
<b>h/b</b>	<b>SSG 6st.</b>	I. Makņa		14.00-15.20(2) Sp.skola			13.00-14.20(2) Sp.skola	9.00-10.20(2) Sp.skola	

s/c	<b>SMP-1 20st. Svarc.zāle</b>	D.Žulins (13) <i>S. Lazovskis(7)</i>	19.40-21.00(2)	19.00-21.00(3)	19.40-21.00(2)	18.20-20.20(3)	19.00-21.00(3)	9.00-11.00(3)	9.00-11.40(4)
s/c	<b>MT-5 15st. Svarc. zāle</b>	D. Žulins	18.20-19.40(2)	17.40-19.00(2)	17.40-19.40(3)	17.00-18.20(2)	17.00-19.00(3)	10.40-12.40(3)	
s/c	<b>MT-3 11st. Svarc. zāle</b>	D. Žulins(6) <i>S. Lazovskis(5)</i>	17.00-18.20(2)	17.00-17.40(1)	17.00-17.40(1)	16.00-18.00(3)	16.20-17.00(1)	10.00-10.40(1)	10.00-11.20(2)
s/c	<b>MT-1 8 st. 2. vsk.</b>	S. Lazovskis (8)		14.40-16.00(2)		14.00-16.00(3)		11.20-13.20(3)	
f/b	<b>SMP-2 20st. Kārsava</b>	I.Prikulis(20)	19.00-21.00(3)	19.00-21.00(3)	19.40-21.40(3)	19.00-20.40(2)	19.00-21.00(3)	9.00-11.00(3)	12.00-14.00(3)
f/b	<b>SMP-1 20 .st.</b>	E.Savickis (12) <i>I.Prikulis(8)</i>	20.20-21.40(2)		17.15-19.15(3)	17.00-19.00(3) Manēža 19.00-19.40(1)	16.00-18.40(4)	9.00-11.40(4)	12.00-14.00(3)
f/b	<b>MT-7 19st. Kārsava</b>	M. Oļipovs(13) <i>K. Nagle (6)</i>	18.00-20.00(3)	19.00-20.20(2)	20.00-22.00(3)	19.00-20.20(2)	20.00-22.00(3)	16.00-18.00(3)	15.00-17.00(3)
f/b	<b>MT-5 15st.</b>	E. Savickis(11) <i>K. Nagle (4)</i>	19.20-21.20(3) halle		18.00-20.00(3) manēža		19.00-21.00(3) Sp.skola	11.40-13.40(3) Sp.skola 13.40-14.20(1)	11.40-13.00(2) Sp.skola

<b>f/b</b>	<b>MT-4 13 st. Kārsava</b>	M. Oļipovs(13)		17.00-19.00(3)	18.00-20.00(3)		18.30-19.50(2)	14.00-16.00(3)	13.30-14.50(2)
<b>f/b</b>	<b>MT-3 11 st.</b>	E. Savickis(11)	18.00-19.20(2) Halle		16.40-18.00(2) manēža		17.20-18.40(2) Sp.skola	13.40-16.00(2) Sp.skola	10.00-12.00(3)
<b>f/b</b>	<b>MT-1 8st. Kārsava</b>	M. Oļipovs(8)					16.30-18.30(3)	12.00-14.00(3)	12.00-13.20(2)
<b>f/b</b>	<b>MT-1 8 st.</b>	I.Prikulis( 4) <i>K. Nagle (4)</i>	14.00-15.20(2)		19.00-20.20(2) <i>manēža</i>			15.00-16.20(2)	10.0-11.20(2) <i>manēža</i>

Sastādīja sporta skolas direktores vietniece mācību darbā

A. Puncule